

# Calendula

## BODY BUTTER



- Soothes eczema, dry patches, or irritated skin
- Safe for baby bellies and stretch marks
- Rich in healing compounds
- 100% natural

## ingredients (200 gr/7 oz)



- ¼ cup calendula-infused oil (infused in olive, jojoba, or sweet almond oil)
- ¼ cup shea butter (deeply moisturizing)
- ¼ cup mango butter (protective barrier)
- 1 tbsp beeswax (adds firmness + sealing effect)
- Optional:  
10–15 drops essential oil (lavender, chamomile, or frankincense)
- Optional:  
1 tsp vitamin E oil (natural preservative & skin booster)

## recipe

1. Melt the butters & beeswax in a double boiler. Stir gently until fully melted.
2. Remove from heat, let it cool for a minute, then stir in your calendula-infused oil.
3. Once mixture is slightly cooled (but still liquid), add your essential oils and vitamin E (optional).
4. Let the mixture cool in the fridge until semi-solid (about 30–60 minutes). Whip with a hand mixer until light and fluffy.
5. Spoon into a clean glass jar (or aluminum container). Keep in a cool, dry place for up to 6 months.



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